FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address of en Rex D	f Reporting Person*						and III nnolo				mbol WXT]			(Ch	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 800 MAIN STREET 4TH FLOOR						3. Date of Earliest Transaction (Month/Day/Year) 03/01/2018											Officer (give title below) President and CEO				
(Street) LYNCHBURG VA 24504 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)										ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Nor	1-Deriv	/ative	e Se	curit	ies Ac	quire	d, Di	ispo	osed o	of, or	Ben	eficial	ly Owne					
1. Title of Security (Instr. 3)			2. Trans Date (Month)	on 2A. Deemed Execution Date,			3. Tra	3. Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			d (A) or	5. Amou Securiti Benefic Owned	int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership			
									Со	de V		Amount	(A) or D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common	Stock			03/0	1/201	8			N	1		5,447	7	A	\$0	19	,099	099 D			
Common	Stock			03/0	1/201	8			I			1,637	7	D	\$0	17	,462 D				
		Т	able II -	Deriva (e.g., p												Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed Date,	4. Transaction Code (Instr. 8)		5. Number 6			Exerc	isab ate	ole and 7. Title and Amount of		ecurity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	sable	Exp Dat	oiration te	Title	N O	Amount or Number of Shares						
Restricted Stock	\$0.0	03/01/2018			М			5.447	(1		03/	01/2019	Comn	non	5.447	\$0	5.447	,	D		

Explanation of Responses:

 $1.\ Restricted\ stock\ units\ vest\ in\ three\ equal\ annual\ installments\ beginning\ March\ 1,2017.$

Remarks:

/s/ Rex D. Geveden, by

Theresa B. Taylor, attorney-in- 03/05/2018

fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.