FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-028									
1	Estimated average h	nurdon									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB Number: 3235-02								
Estimated average burden								
hours per response:	0.5							

1. Name ar		2. Issuer Name and Ticker or Trading Symbol Babcock & Wilcox Co [BWC]											neck all app Direc	icable)	ng Per	Person(s) to Issuer 10% Owner Other (specify					
(Last) 13024 B. SUITE 7	ALLANTY	rst) NE CORPORAT	(Middle) FE PLAC	E		3. Date of Earliest Transaction (Month/Day/Year) 03/05/2013									• below	Preside	ent - I	below)			
(Street)			28277		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	e) X Form Form						
(City)	(S	-	(Zip) Ie I - Nor	-Deriv	vative	Sec	rurit	ies Ar		iired	Disi	nosed (of or	Ren	eficial	lly Owne	d				
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		,,	3. Transaction Code (Instr. 8)		4. Securities Acqui			d (A) or	5. Amo Securit Benefic	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount		(A) or (D)	Price	Transa (Instr. 3	ction(s)			(Instr. 4)	
Common	ommon Stock				5/2013					M		1,33	5	A	\$0	2	.,348		D		
Common	Stock			03/05	5/201	3				F		439		D	\$27.	3 20),909		D		
Common	Stock															1,	155 ⁽¹⁾		I 401k Plan		
		Т	able II -									osed of onverti				/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code (8)		n of		Ex	Date Exe piration onth/Day	Date		7. Title and Amount of Securities Underlying Derivative Seci (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Da:	te ercisabl		xpiration ate	Title		Amount or Number of Shares						
Restricted Stock Units	\$0	03/05/2013			M			1,335		(2)	0	3/05/2015	Com		1,335	\$0	2,670)	D		

Explanation of Responses:

- 1. Based on number of units held in the BWC Thrift Plan and the fair market value of BWC common stock as of March 4, 2013.
- 2. RSUs vest in three equal annual installments beginning March 5, 2013.

Remarks:

J. Randall Data, by Angela P. Winter, attorney-in-fact

03/07/2013

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.