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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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1. Name and Addrese Bethards Bra	ss of Reporting Pers	son [*]	2. Issuer Name and Ticker or Trading Symbol Babcock & Wilcox Co [BWC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Detilulus Diu	<u>indon C.</u>				Director	10% Owner			
(Last) (First) (Middle)			- 3. Date of Earliest Transaction (Month/Day/Year)	x	Officer (give title below)	Other (specify below)			
. ,	()	, , , , , , , , , , , , , , , , , , ,	03/04/2011	President and CEO					
13024 BALLANTYNE CORPORATE PLACE									
SUITE 700									
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable					
(Street)				Line)					
CHARLOTTE	NC	28277		X	X Form filed by One Reporting Person				
,			~		Form filed by More that Person	n One Reporting			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(
Common Stock	03/04/2011		М		25,166	A	\$24.55	130,458	D		
Common Stock	03/04/2011		S		25,166	D	(1)	105,292	D		
Common Stock	03/04/2011		М		16,971	A	\$ <mark>0</mark>	122,263	D		
Common Stock	03/04/2011		F		5,507	D	\$34.55	116,756	D		
Common Stock	03/05/2011		М		17,029	A	\$ <mark>0</mark>	133,785	D		
Common Stock	03/05/2011		F		7,228	D	\$34.55	126,557	D		
Common Stock	03/05/2011		М		13,074	A	\$ <mark>0</mark>	139,631	D		
Common Stock	03/05/2011		F		5,549	D	\$34.55	134,082	D		
Common Stock	03/07/2011		М		24,164	A	\$10.58	158,246	D		
Common Stock	03/07/2011		s		24,164	D	(2)	134,082	D		
Common Stock								374(3)	Ι	401k Plan	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		ate	e of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Options (right to buy)	\$24.55	03/04/2011		М			25,166	(4)	03/04/2017	Common Stock	25,166	\$0	50,330	D	
Restricted Stock Units	\$0	03/04/2011		M ⁽⁵⁾			16,971	(6)	03/04/2013	Common Stock	16,971	\$ 0	33,944	D	
Restricted Stock Units	\$ <u>0</u>	03/04/2011		A ⁽⁷⁾		26,241		(8)	03/04/2014	Common Stock	26,241	\$ 0	26,241	D	
Stock Options (right to buy)	\$34.55	03/04/2011		A ⁽⁹⁾		82,911		(10)	03/04/2018	Common Stock	82,911	\$ 0	82,911	D	
Restricted Stock Units	\$0	03/05/2011		M ⁽⁵⁾			17,029	(11)(12)	03/05/2012	Common Stock	17,029	\$0	8,514	D	
Restricted Stock Units	\$0	03/05/2011		M ⁽⁵⁾			13,074	(12)(13)	03/05/2012	Common Stock	13,074	\$ 0	6,735	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Numl Derivati Securiti Acquire Dispose (D) (Ins and 5)	ive ies ed (A) or ed of	6. Date Exerc Expiration Da (Month/Day/Y	ate	I 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Options (right to buy)	\$ 10.58	03/07/2011		М			24,164	(14)	03/05/2016	Common Stock	24,164	\$0	24,164	D	

Explanation of Responses:

1. 25,166 shares sold on March 4, 2011 as follows: 10,620 @ \$34.55; 2,204 @ \$34.5505; 5,000 @ \$34.5511; 942 @ \$34.5521; 1,100 @ \$34.5591; 1,410 @ \$34.56; 390 @ \$34.5626; 500 @ \$34.5685; 700 @ \$34.57; 800 @ \$34.55; 100 @ \$34.59; 400 @ \$34.5962; 800 @ \$34.60; 200 @ 35.00.

2. 24,164 shares sold on March 7, 2011 as follows: 2,500 @ \$34.3052; 3,002 @ \$34.3073; 5,251 @ \$34.3531; 700 @ \$34.3943; 200 @ \$34.3975; 200 @ \$34.40; 600 @ \$34.41; 200 @ \$34.42; 1,600 @ \$34.4537; 600 @ \$34.65; 2,511 @ \$34.60; 500 @ \$34.60; 500 @ \$34.60; 500 @ \$34.63; 1,300 @ \$34.63; 1,300 @ \$34.63; 1,300 @ \$34.65; 200 @ \$34.66.

3. Based on number of units held in the BWC Thrift Plan and the fair market value of BWC common stock as of March 4, 2011.

4. Stock options vest in three equal annual installments beginning March 4, 2011.

5. Each restricted stock unit represents a contingent right to receive one share of BWC common stock.

RSUs vest in three equal annual installments beginning March 4, 2011.
 Grant of restricted stock units pursuant to the Amended and Restated 2010 Long-Term Incentive Plan of The Babcock & Wilcox Company. Each restricted stock unit represents a contingent right to receive one share of BWC common stock.

8. RSUs vest in three equal annual installments beginning March 4, 2012.

9. Grant of stock options pursuant to the Amended and Restated 2010 Long-Term Incentive Plan of The Babcock & Wilcox Company.

10. Stock options vest in three equal annual installments beginning March 4, 2012.

11. RSUs vest in two equal annual installments beginning March 5, 2011.

12. In accordance with the terms of the award, a portion of the RSUs were subject to accelerated vesting.

13. 100% of the RSUs vest on March 5, 2012.

14. Stock options vest in two equal annual installments beginning March 5, 2011.

Remarks:

Angela P. Winter, attorney-in-

fact

03/08/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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