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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

# OMB APPROVAL OMB Number: 3235-0287

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	hours per response:	0.5
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1. Name and Address of Reporting Person <sup>*</sup> Black David S	2. Issuer Name <b>and</b> Ticker or Trading Symbol BWX Technologies, Inc. [BWXT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner
·		X Officer (give title Other (specify
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)	below) below)
800 MAIN STREET	05/25/2016	SVP, CFO and Treasurer
4TH FLOOR		
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable
(Street)		Line)
LYNCHBURG VA 24504		X Form filed by One Reporting Person
		Form filed by More than One Reporting
		Person
(City) (State) (Zip)		

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	05/25/2016		М		11,619	A	\$20.47	61,087	D		
Common Stock	05/25/2016		F		8,618	D	\$34.85	52,469	D		
Common Stock	05/25/2016		М		7,314	A	\$24.97	59,783	D		
Common Stock	05/25/2016		F		6,231	D	\$34.85	53,552	D		
Common Stock	05/25/2016		М		7,155	A	\$20.31	60,707	D		
Common Stock	05/25/2016		F		5,160	D	\$34.85	55,547	D		
Common Stock	05/25/2016	1	М		7,704	A	\$26.39	63,251	D		
Common Stock	05/25/2016		F		6,454	D	\$34.85	56,797	D		
Common Stock								2,764	Ι	401(k) Plan <sup>(1)</sup>	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$20.47	05/25/2016		М			11,619	(2)	03/04/2020	Common Stock	11,619	\$0	0	D	
Stock Option (right to buy)	\$24.97	05/25/2016		М			7,314	(3)	03/03/2021	Common Stock	7,314	\$0	3,657	D	
Stock Option (right to buy)	\$20.31	05/25/2016		М			7,155	(4)	03/05/2019	Common Stock	7,155	\$0	0	D	
Stock Option (right to buy)	\$26.39	05/25/2016		М			7,704	(5)	03/04/2018	Common Stock	7,704	\$0	0	D	

Explanation of Responses:

1. Based on number of units held in the BWXT Thrift Plan and the fair market value of BWXT common stock as of May 26, 2016.

2. Stock options vested in three equal annual installments beginning March 4, 2014.

3. Two-thirds of the stock options are vested. The remaining one-third of the stock options will vest March 3, 2017.

4. Stock options vested in three equal annual installments beginning March 5, 2013.

5. Stock options vested in three equal annual installments beginning March 4, 2012.

#### **Remarks:**

David S. Black, by Suzanne Warfield, attorney-in-fact

\*\* Signature of Reporting Person

05/27/2016

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.