FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. | 20549 |
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| TATEMENT | OF CHANGES | IN BENEFICIAL | OWNERSHIP |
|----------|-------------------|---------------|------------------|

| OMB APPROVAL | | | | | | | | |
|-------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average | e burden | | | | | | | |

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Mies Richard Willard</u> | | | | | 2. Issuer Name and Ticker or Trading Symbol Babcock & Wilcox Co [BWC] | | | | | | | | (Ch | elationship eck all appli X Directo | , | g Per | son(s) to Iss | | | |
|--|--|------------|---|---|---|------------------|---|--------|--|---------------|--|-----------------|----------------------|--|--|---|-----------------------------------|---|--|--|
| (Last) (First) (Middle) 13024 BALLANTYNE CORPORATE PLACE SUITE 700 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/12/2011 | | | | | | | | | below) | | | Other (below) | | | | |
| (Street) CHARLO (City) | | | 28277 (Zip) | | 4. If | f Ame | endment, | Date (| of Original | Filed | (Month/D | ay/Year) | | Line | e) X Form | l or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting orson | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) | | | | Execut (ay/Year) if any | | Executior if any | A. Deemed decution Date, any lonth/Day/Year) | | Transaction Dispose Code (Instr. 5) | | rities Acquired (A) ed Of (D) (Instr. 3, 4 | | | 5. Amou Securitie Benefici Owned I Reporte | ies Fore cially (D) Following (I) (I | | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | Code | v | Amount | (A) or (D) | | Price | Transac (Instr. 3 | tion(s) | | (111511.4) | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | | 3A. Deemed Execution I if any (Month/Day | Date, T | 4. Transaction Code (Instr. 8) | | n of E | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4) | | urity | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | Ownersh Form: Direct (D or Indirec (I) (Instr. | Ownership | Beneficial Ownership t (Instr. 4) | | |
| | | | | C | Code | v | (A) | | Date Exercisable | | xpiration ate | Title | or Nur of | ount mber ares | | | | | | |
| Restricted Stock Units | \$0 | 05/12/2011 | | | A ⁽¹⁾ | | 3,780 | | (2) | | (2) | Common Stock | 3, | 780 | \$0 | 3,780 | | D | | |

Explanation of Responses:

- 1. Grant of restricted stock units pursuant to the Amended and Restated 2010 Long-Term Incentive Plan of The Babcock & Wilcox Company. Each restricted stock unit represents a contingent right to receive one share of BWC common stock.
- 2. RSU's vested immediately. The reporting person elected to defer receipt of shares underlying the RSUs. In accordance with his deferral election, vested shares will be delivered to the reporting person in five annual installments upon the earliest to occur of: (a) the reporting person's termination of service on the Board of Directors; (b) the reporting person's disability or (c) January 1, 2018.

Remarks:

Angela P. Winter, attorney-in**fact**

05/16/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.