## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL							
OMB Number:	3235-028						

Estimated average burden hours per response: 0.5

Name and Address of Reporting Person*     Mies Richard Willard						2. Issuer Name <b>and</b> Ticker or Trading Symbol Babcock & Wilcox Co [ BWC ]									k all appli Directo	or	g Per	10% O	wner
	ALLANTY	irst) (	(Middle) ΓΕ PLACE	3	3. Date of Earliest Transaction (Month/Day/Year) 05/10/2013  Officer (give title below) below)  Other (specify below)											specify			
SUITE 700  (Street)  CHARLOTTE NC 28277				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person  Form filed by More than One Reporting					
(City)	(S	tate) (	(Zip)												Perso	n			
		Tab	le I - Non	-Deriva	ative	Sec	curities	s Ac	quired, [	Disp	osed o	of, or B	enefici	ally	Owned	t			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					ar) E	ecution any	a. Deemed recution Date, any lonth/Day/Year)				ities Acqui d Of (D) (Ir		4 and Securiti Benefic Owned		es ally Following	Form (D) o	n: Direct r Indirect	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or Pric	e	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	ransa Code (I		of		6. Date Exercisal Expiration Date (Month/Day/Year)			Amount of Securitie Underlyin Derivativ	7. Title and Amount of Securities Jnderlying Derivative Security Instr. 3 and 4)		Price of erivative ecurity 1str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	is I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amour or Number of Shares	er					
Restricted Stock Units	\$0	05/10/2013			A <sup>(1)</sup>		3,994		(2)		(2)	Common Stock	3,994	1	\$0	3,994		D	

## **Explanation of Responses:**

- 1. Grant of restricted stock units pursuant to the Amended and Restated 2010 Long-Term Incentive Plan of The Babcock & Wilcox Company. Each restricted stock unit represents a contingent right to receive one share of BWC common stock.
- 2. RSU's vested immediately. The reporting person elected to defer receipt of shares underlying the RSU's. In accordance with his deferral election, vested shares will be delivered to the reporting person in five annual installments beginning 6 months following termination of service on the Board of Directors.

## Remarks:

Richard W. Mies, by Angela P. 05/13/2013 Winter, attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.