FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washing

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

I D O 00540	
ton, D.C. 20549	OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

# Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address Black David			Technologic		_	,		ationship of Reportin k all applicable) Director	Ssuer Owner				
(Last) 800 MAIN STR	t) (First) (Middle) MAIN STREET, 4TH FLOOR				of Earliest Transac	ction (M	onth/[	Day/Year)		X	Officer (give title below)  See R	r (specify v)	
(Street) LYNCHBURG (City)	VA (State)	4.	. If Ame	endment, Date of	Original	Filed	(Month/Day/Y	⁄ear)	6. Indir Line) X	vidual or Joint/Group Form filed by One Form filed by Mo Person	e Reporting Pers	son	
	-	Γable I - No	n-Derivativ	ve Se	curities Acqu	uired,	Dis	posed of,	or Ben	eficially	Owned		
		2. Transaction Date (Month/Day/Y	Year) if	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock			03/04/201	16		M		877	A	\$0.00	46,210	D	
Common Stock			03/04/201	16		F		291	D	\$32.34	45,919	D	
Common Stock	03/04/201	16		M		5,312	A	\$0.00	51,231	D			

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

F

1,763

D

\$32.34

49,468

2,752(1)

D

I

401(k)

Plan

	(c.g., pate, cane, warrante, optione, convertible eccurities)														
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Unit	\$0.00	03/04/2016		М			877	(2)	03/04/2016	Common Stock	877	\$0.00	0	D	
Restricted Stock Unit	\$0.00	03/04/2016		М			5,312	(3)	03/04/2016	Common Stock	5,312	\$0.00	0	D	

### **Explanation of Responses:**

Common Stock

Common Stock

1. Based on number of units held in BWXT Thrift Plan and the fair market value of BWXT common stock as of February 24, 2016

03/04/2016

- 2. Restricted stock units vest in three equal annual installments beginning March 4, 2014.
- 3. Restricted stock units cliff vest on March 4, 2016

#### Remarks:

Senior Vice President, Chief Financial Officer and Treasurer

/s/ David S. Black, by Theresa 03/08/2016 B. Taylor, attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.