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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to	J
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWR APP	ROVAL
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	hours per response:	0.5
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(Last) (First) (Middle)		1*	2. Issuer Name <b>and</b> Ticker or Trading Symbol BWX Technologies, Inc. [ BWXT ]		tionship of Reporting Pers all applicable) Director	on(s) to Issuer 10% Owner	
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/02/2019	- X	Officer (give title below) VP & Chief Account	Other (specify below) ing Officer	
(Street) LYNCHBURG (City)	VA (State)	24504 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Filing Form filed by One Repo Form filed by More than Person	rting Person	

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock	03/02/2019		М		572	A	\$ <mark>0</mark>	16,290	D			
Common Stock	03/02/2019		F		169	D	\$51.76	16,121	D			
Common Stock	03/02/2019		М		457	A	\$ <mark>0</mark>	16,578	D			
Common Stock	03/02/2019		F		135	D	\$51.76	16,443	D			
Common Stock								293	Ι	401(k) Plan <sup>(1)</sup>		

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	\$0.0	03/02/2019		М			572	(2)	03/02/2020	Common Stock	572	\$0	572	D	
Restricted Stock Units	\$0.0	03/02/2019		М			457	(3)	03/02/2021	Common Stock	457	\$0	914	D	

#### Explanation of Responses:

1. Based on the number of units held in the BWXT Thrift Plan and the fair market value of BWXT common stock as of December 31, 2018.

2. RSUs vest in three equal annual installments beginning March 1, 2018.

3. RSUs vest in three equal annual installments beginning March 2, 2019.

Remarks:

# /s/ Jason S. Kerr, by Theresa B. 03/05/2019 Taylor, attorney-in-fact 03/05/2019 \*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.