FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

	Check this box if no longer subject to
١	Section 16. Form 4 or Form 5
J	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an	2. Issuer Name <b>and</b> Ticker or Trading Symbol BWX Technologies, Inc. [ BWXT ]									Check all	applic irecto	cable) r	g Per	son(s) to Iss	wner					
(Last) (First) (Middle) 800 MAIN STREET 4TH FLOOR					09/0	3. Date of Earliest Transaction (Month/Day/Year) 09/06/2019									elow)	(give title		Other (: below)		
(Street) LYNCHBURG VA 24504  (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)									ine) X F F	orm fi	I or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson				
		Tab	le I - Non	-Deriva	ative	Sec	curities	s Ac	quired,	Dis	posed o	of, or Be	enefici	ally Ov	ned					
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execution Da			e, Transaction Dis Code (Instr. 5)		Dispose	ities Acqui d Of (D) (In		4 and Securition Benefici		es Formalially (D) Following (I) (I		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D) Pr		Tra	nsacti						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr 8)				6. Date Ex Expiration (Month/Da	Date		And 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		Deriva Securi (Instr.		9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4)	Ow For Dire or I (I) (	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				c	Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amoun or Numbe of Shares							
Dividend Equivalent Rights	(1)	09/06/2019			A		26.03		(1)		(1)	Common Stock	26.03	\$0		190.64		D		

## **Explanation of Responses:**

1. The dividend equivalent rights accrued on four restricted stock unit grants of which the reporting person has elected to defer receipt of the shares underlying the RSUs. Each RSU and DER represent a contingent right to receive one share of BWXT common stock. In accordance with the deferral election, the DERs will be delivered to the reporting person proportionately with the RSUs to which they relate.

## Remarks:

/s/ James M. Jaska by Theresa 09/10/2019 B. Taylor, attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.