FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPRC | JVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
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|---|---|--|--|------------|---|--|---|--------|--|--------------------------|---|--|---|--|--------------------|--|---|
| 1. Name and Address of Reporting Person [*] Henry Joseph G | | | | | 2. Issuer Name and Ticker or Trading Symbol BWX Technologies, Inc. [BWXT] | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) below) See Remarks | | | | | |
| (Last) (First) (Middle) 800 MAIN STREET, 4TH FLOOR | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 07/06/2015 | | | | | | | | | | | |
| (Street) LYNCHBURG VA 24504 | | | | - 4. I | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) (State) (Zip) | | | | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature | | | | | | | | | | | | | | | | | |
| Date (Month/Da | | | | | Execution Date, | | e, Transaction Disposed Of (D) (Instr. 3, Code (Instr. 8) | | str. 3, 4 a | nd Securitie Benefici | es ally Following | Form (D) o | m: Direct or Indirect Instr. 4) | of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | Code \ | / Amoun | t (A) o (D) | r Price | | Transaction(s) (Instr. 3 and 4) | | | | |
| | | 1 | | | | | | | uired, Dis s, options | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Dat if any (Month/Day/Ye | d Date, | 4. Transactio Code (Inst | | 5. Number on of | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | e S Ily I | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership ect (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amoun or Numbe of Shares | | | | | |
| Stock Option (right to buy) | \$23.62 ⁽¹⁾ | 07/06/2015 | | | A ⁽¹⁾ | | 7,344 | | (2) | 03/02/2025 | Common Stock | 7,344 | \$0.00 | 31,08 | 6 | D | |
| Stock Option (right to buy) | \$24.74 ⁽¹⁾ | 07/06/2015 | | | D ⁽¹⁾ | | | 213 | (3) | 05/15/2021 | Common Stock | 213 | \$0.00 | 3,552 | 2 | D | |
| Stock Option (right to buy) | \$24.97 ⁽¹⁾ | 07/06/2015 | | | D ⁽¹⁾ | | | 719 | (4) | 03/03/2021 | Common Stock | 719 | \$0.00 | 12,004 | 4 | D | |
| Stock Option (right to buy) | \$20.47 ⁽¹⁾ | 07/06/2015 | | | D ⁽¹⁾ | | | 721 | (5) | 03/04/2020 | Common Stock | 721 | \$0.00 | 12,03 | 2 | D | |
| Stock Option (right to buy) | \$20.31 ⁽¹⁾ | 07/06/2015 | | | D ⁽¹⁾ | | | 383 | (6) | 03/05/2019 | Common Stock | 383 | \$0.00 | 6,382 | 2 | D | |
| Stock Option (right to buy) | \$22.23 ⁽¹⁾ | 07/06/2015 | | | D ⁽¹⁾ | | | 418 | (7) | 05/12/2018 | Common Stock | 418 | \$0.00 | 6,977 | , | D | |
| Restricted Stock Unit | \$0.00 | 07/06/2015 | | | A ⁽¹⁾ | | 1,318 | | (8) | 03/02/2018 | Common Stock | 1,318 | \$0.00 | 5,578 | 3 | D | |
| Restricted Stock Unit | \$0.00 | 07/06/2015 | | | A ⁽¹⁾ | | 1,361 | | (9) | 03/02/2018 | Common Stock | 1,361 | \$0.00 | 5,760 |) | D | |

Explanation of Responses:

1. Represents adjustments made pursuant to the Employee Matters Agreement, dated as of June 8, 2015, between the Issuer and Babcock & Wilcox Enterprises, Inc. and the Issuer's Amended and Restated 2010 Long-Term Incentive Plan in connection with the Issuer's spin-off of Babcock & Wilcox Enterprises, Inc. on June 30, 2015.

2. Stock options vest in three equal annual installments beginning March 2, 2016.

3. One-third of stock options are vested. The remaining two-thirds of the stock options will vest in two equal annual installments beginning March 3, 2016.

4. One-third of stock options are vested. The remaining two-thirds of the stock options will vest in two equal annual installments beginning March 3, 2016.

5. Two-thirds of stock options are vested. The remaining one-third of the stock options will vest March 4, 2016.

6. 100% of stock options are vested.

7. 100% of stock options are vested.

8. RSUs vest in three equal annual installments beginning March 2, 2016.

9. 100% of RSUs cliff vest on March 2, 2018.

Remarks:

/s/ Joseph G. Henry, by Theresa 07/08/2015

Date

B. Taylor, attorney-in-fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.